

## **Conception and Development of a Tele-Medical Interface Dedicated to Tele Monitoring of the Renal and Cardiacinsufficiency**

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**Abstract:** Heart diseases are particularly common in patients with kidney disease. Renal failure patients are more likely to die of heart failure than reaching the stage of dialysis. The kidney is one of the most sensitive to hypoxia bodies. Hypoxemia can be downloaded monitored by photoplethysmography (PPG), which is based on molecular absorption spectrophotometry in the infrared. Photoplethysmography is more advantageous than biochemical methods such as dosage uremic or creatinimec given its non-invasiveness and character embedded system enabling remote continuous monitoring of chronic renal failure. Given the correlation of the heart and kidney failure we thought the achievement of a technical platform capable of simultaneously monitoring of cardiac function and renal function through the respective records of myocardial electrical activity by electrocardiography (ECG) and pulsed oxygen saturation of hemoglobin by infrared spectrophotometry.

**To do this we designed and implemented a technical platform comprising:**

-An electro cardiographic amplifier dedicated to the tele monitoring of cardiac function.

-A photoplethysmograph infrared dedicated to the tele monitoring of renal function through an estimate of the pulsed concentration of ox hemoglobin (HbO<sub>2</sub>) reveals a possible hypoxemia harmful to chronic renal failure and particularly those hemodialysis

**Keywords:** Photoplethysmography, Electrocardiography, Spectrophotometry, Microcontroller, Telemonitoring & TCP/IP.

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### **I. Introduction**

Renal failure is a severe illness causing a gradual and irreversible deterioration of the kidneys' ability to filter blood and excrete certain molecules (creatinine, urea ...) [1]. Furthermore renal failure induced short-or long-term heart failure [2][3].

The cardio-renal failure is a serious health problem which results, among other things, shortness of breath and fatigue disproportionate to the product effort [4]. Among the methods used for the supervision of the renal function and / or cardiac we can cite the biochemical exploration by spectrophotometric determination of a number of chemical species such as urea, creatinine, glucose, cholesterol, triglycerides, ketoacidsetc ...

Taking into account that the kidney is very sensitive to hypoxia [5] the idea came to us that monitoring it indirectly led to the monitoring of renal function with the cardiac complications which can also be directly monitored by electrocardiography (ECG).

The objective of our work is to realize a simple technique tray, inexpensive and easy to handle dedicated to the tele monitoringof cardio-renal function by continuous evaluation of the pulsed concentration of oxyhemoglobin HbO<sub>2</sub> in blood, simultaneous recording of the electrocardiogram and the establishment of their interactivity through the implementation of an algorithm for calculating their cross correlation function and spectral density inter average power.

### **II. Relation Between The Cardiac And Renal Failure**

July 8, 2009 at the Heart Failure Congress 09 of the European Society of Cardiology, the "dangerous liaisons" between cardiac and renal function were grouped under different angles, since the disturbing prevalence numbers to the therapeutic perspectives. [6]

Whether renal failure - comorbidity - usually related to renal artery disease (diabetes, hypertension, atherosclerosis ...) or vasomotor nephropathy secondary to the decrease in cardiac output (cardio-renal syndrome) renal failure seriously compromises the prognosis of heart failure. Renal and cardiac functions are interrelated so it is difficult to know which of the egg or the hen maintains or aggravates fluid overload. So, equally difficult to optimize the management of heart failure whose renal function deteriorates.

The purpose of our research is the study and implementation of a technical platform dedicated to oximeterphotoplethysmography in frared coupled with an electrocardiographic recording for tele monitoring of renal failure and cardiovascular monitoring. The technical platform is built around a microcontroller whose

function is to serve as an interface between the patient and a local station for storing and transferring data through medical tele networks.

### III. Principle Of Absorption Spectrophotometry

Spectrophotometry measures the absorption of the light through the substances with certain wavelengths [7]. The state of hemoglobin and its absorption characteristics of the light are modified by the fixing of the oxygen, leading to different absorption spectra, and thus to distinguish the oxyhemoglobin [8]. The wave length of the infrared absorption by oxyhemoglobin is within the range (850-1000 nm). Under the effect of infrared radiation, the peripheral electrons of oxyhemoglobin molecules are brought to their most stable state (fundamental state) to a higher energy state (excited state). This state is unstable, it deactivates to the fundamental state either by emitting quantum of electromagnetic energy, either by releasing the excess energy in the environment as heat (non-radiative transition). The passage of the electron in the fundamental state to the excited state is absorbing electromagnetic energy: This is the phenomenon of light absorption by molecules subjected to light radiation. This phenomenon of absorption allows the characterization and determination of oxyhemoglobin [9], [10].

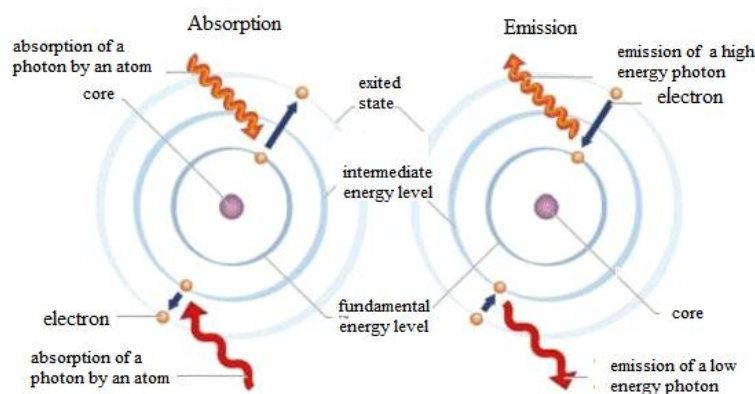


Fig.1 Absorption and emission of photons [11]

### IV. Physical Rules Absorption

The concept of Photoplethysmography is based on the law of Beer-Lambert. The unknown concentration of a solute in a solvent may be determined by the absorption of light [8]. Beer (1729) and Lambert (1760) proposed to observe the attenuation of light's beam in order to predict the concentration of a compound [12].

The Lambert-Beer law joins absorption at a wavelength  $\lambda$ , and concentration of molecules that absorb  $c$ . If the intensity of incident radiation at the wavelength  $\lambda$  is  $I_{\lambda}^0$ , then the intensity after crossing through the cell will  $I_{\lambda}$ .

$I_{\lambda}$  and  $I_{\lambda}^0$  are joined by the relation [13]:

$$I_{\lambda} = I_{\lambda}^0 e^{-\epsilon_{\lambda} \ell c}$$

The absorbance is given by the relation:

$$A = \lg \left( \frac{I_{\lambda}^0}{I_{\lambda}} \right) = \epsilon_{\lambda} \ell c$$

With:

$A_{\lambda}$ : absorbance of the medium to the wavelength  $\lambda$ .

$\lambda$ : wavelength expressed in nm.

$\epsilon_{\lambda}$ : specific coefficient of molar absorbance (or molar coefficient of extinction in  $L \cdot \text{mole}^{-1} \cdot \text{cm}^{-1}$ )

$\ell$ : optical way of the cell in cm.

$c$ : molar concentration in  $\text{mole} \cdot L^{-1}$  of the absorbing molecules.

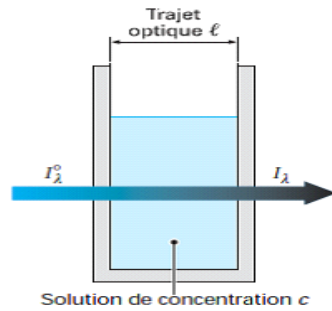


Fig.2 Diagram of a cell of absorption

Figure 2 represents the diagram of a cell and expresses the variables used. Absorbance  $A_{\lambda}$  is therefore proportional to the concentration of the molecules of the species that absorb at this wavelength [13].

## V. Method And Material

### V.1. Collection of Electrocardiographic Signal

This is collected on derivation DI using a classical instrumentation amplifier [14] in the circumstance the Analog device (AD620) as is shown in Figure 3.

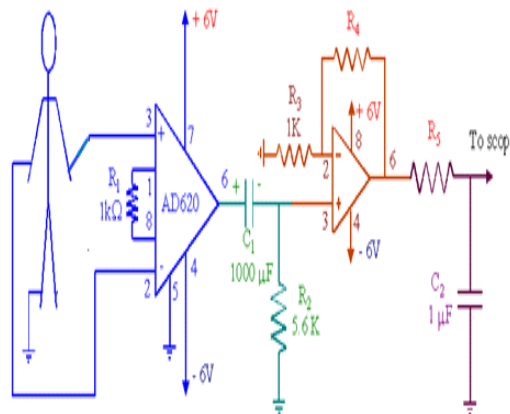


Fig.3 Electrocardiograph

### V.2. Collection of Photoplethysmography signal

This one uses the molecular absorption spectrophotometry for infrared recording of pulsed oxyhemoglobin [7] by the last  $HbO_2$  contribution of infrared emitting diode and a phototransistor as shown in figure 4. The recording of pulse oxyhemoglobin reflects the efficiency of pulmonary exchanger [15] that is to say of the alveolar-capillary action and consequently a possible hypoxemia.

The principle is to emit monochromatic light through an electroluminescent diode in the infrared and to assess the absorption of the latter by means of a receiving photocell (phototransistor).

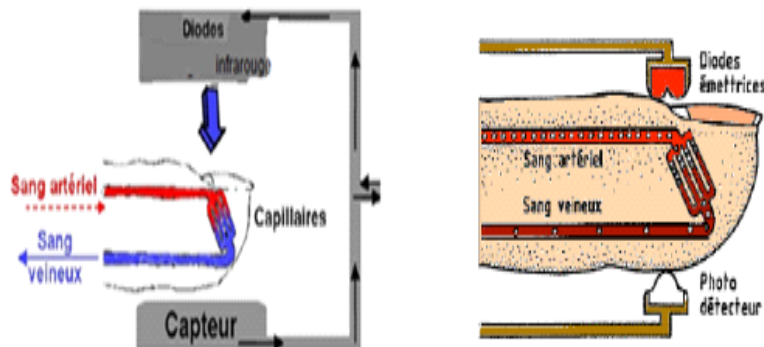


Fig.4 Schematic diagram of the collection of the PPG signal.

Figure 5 shows the electrical diagram of Photoplethysmography implemented.

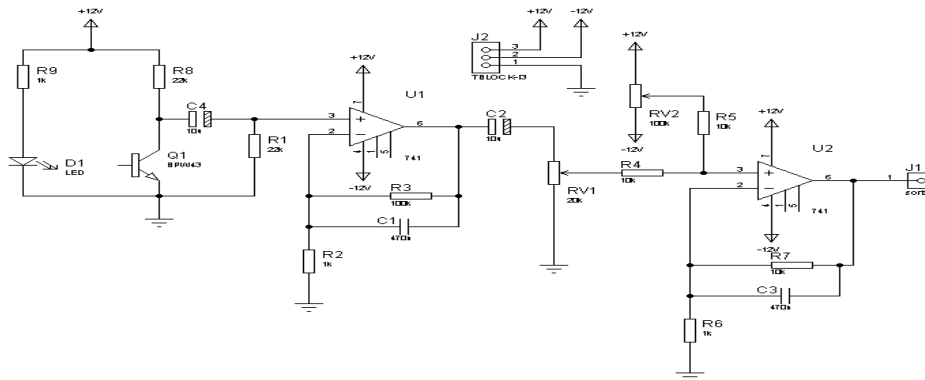


Fig. 5 Diagram of Photoplethysmography

### V.3. Implementation of the interface for local data transfer

It comprises:

- A source of information (patient in our case).
- The electrocardiographic sensor.
- The photoplethysmographic sensor.
- The shaping circuits perform the functions of amplification, filtering and calibration.
- The acquisition card data for the man-machine interface.
- Software support with the acquisition, display, processing and transmission of data in accordance with RS232 communication protocol.

The acquisition card is shown in Figure 6.

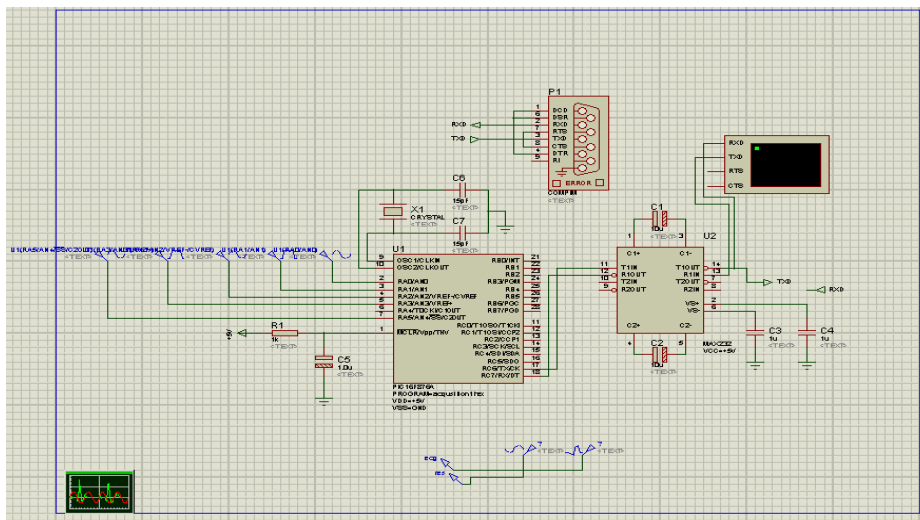


Fig. 6 Hardware implementation of the man-machine controlled by 16F876A micro interface. The following figure shows the completed acquisition card.



Fig. 7 Map of universal asynchronous serial interface built around the 16F876A microcontroller.

**V.4. Communications Protocols**

**V.4.1. Local Protocol Communication (RS232)**

The parameters RS232 [8] which we used to program in assembly language microcontroller 16F876A of Microchip under Mplab environment are:

Transmission speed 57600 bauds

8 bits of data

A bit of parity

A bit of stop

The configuration of the registers system of the microcontroller concerning analogical conversion and transmission speed are:

Put at 1 and 0 of bits 6 and 7 respectively of register ADCON0 to choose a frequency of conversion equal to  $f_{osc}/32 = 625 \text{ Khz}$ , is one duration of conversion of a bit equal to  $T_{ad} = 1,6 \mu s$ .

Setting with 1 of bit BRGH of register TXSTA to choose the mode High speed.

Loading of register SPBRG with the decimal value 20 to select a flow of 57600 Bauds.

**V.4.2. Distant Protocol Communication**

The distant transmission of the electrocardiographic and photoplethysmographic signals is done according to protocol TCP/IP

The TCP protocol unit [18] is called segment. These segments are exchanged to establish the connection, transfer data, make acknowledgments, change the size of the window and finally to close a connection. Information flow control can be carried in the reverse data stream.

Each segment is composed of two parts: a header followed by the data represented in Figure 8.

**En-tête TCP**

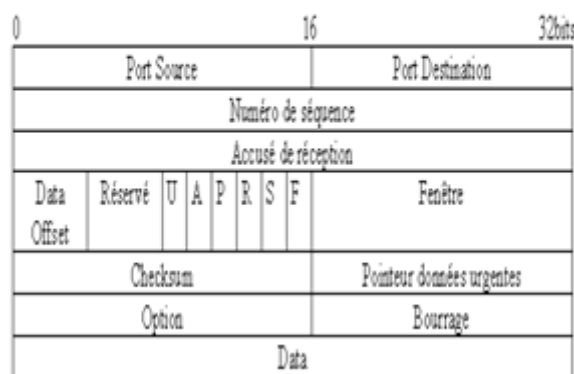


Fig.8 Segment's format

The figure 9 shows the fields and the general structure of the IP header.

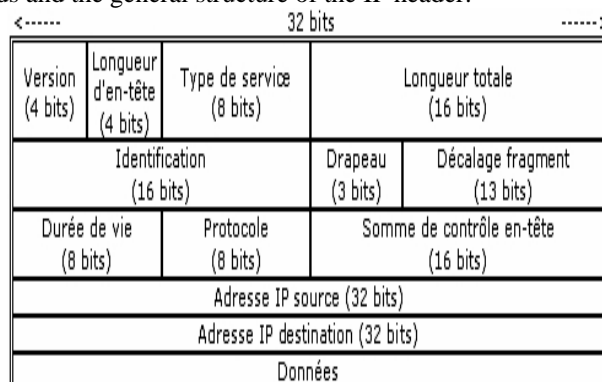


Fig.9 IP header

## VI. Man-Machine Interface (Hmi) Spectrophotometric Dedicated To The Tele Monitoring Of Cardio-Renal Function

### VI.1. Synoptic Diagram

The synoptic diagram of the interface man machine (IHM) is represented in figure 10:

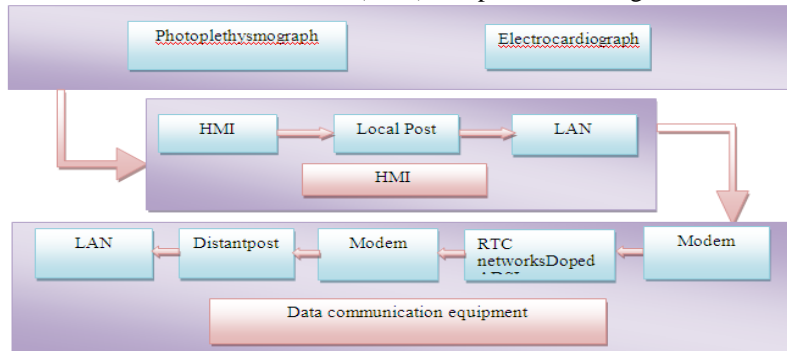


Fig.10 Synoptic diagram of the IHM

The HMI (Human Machine Interface) includes:

PPG and ECG, HMI (acquisition card), the network data communication. The first module consists of an analog electronics responsible for the shape setting of our study signals. The man-machine interface is responsible for transferring the analog values to a computer terminal (local station). It essentially consists of a microcontroller with an ADC to convert analog to digital A/D data from the photosensor and the ECG amplifier, and a modulus USART (Universal Synchronous Asynchronous Receiver transmitter) [19] to transfer data on the local level according to RS232 Protocol computer terminal. The microcontroller was programmed in assembly language in MPLAB. The local station is responsible for hosting software in Visual Basic environment which aims to display PPG signals and ECG, performing their spatio-spectro-temporal analysis, especially calculates their cross correlation function, archives the results and transfers through telemedical networks dedicated to telemonitoring renal.

The data communication network (DCED Data Communication Equipment) consists of an ADSL modem responsible for adapting the bandwidth of the physiological signal transmission channel is generally the RTC network doped with ADSL conducting liaison with the Back Bone internet by the TCP/IP protocol. The doping of the line by ADSL process maximizes the transmission rates. Example of implementing a tele monitoring station cardio renal during a hemodialysis session 11.

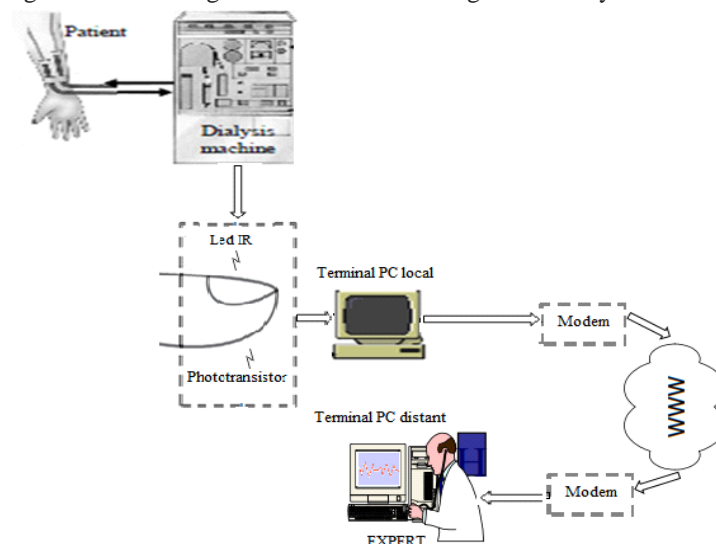


Fig.11 Block diagram of a tele-medical interface man-machine dedicated to telemonitoring of renal failure [20]

## VII. Results

### VII.1. Correlative Analysis

#### VII.1.1. Plot Of The Autocorrelation Functions:

The calculating algorithm of the autocorrelation discrete functions has been implemented in accordance with the following relation definition [21], [22]:

$$C_{f,f}(\tau) = \frac{1}{N} \sum_{k=\tau}^N f(k) \cdot f(k-\tau), \text{ avec } : N = 2^q \dots (1)$$

et  $\tau = 0, \dots, N$

The figure 12 represents the autocorrelation function of an electrocardiographic signal [23].

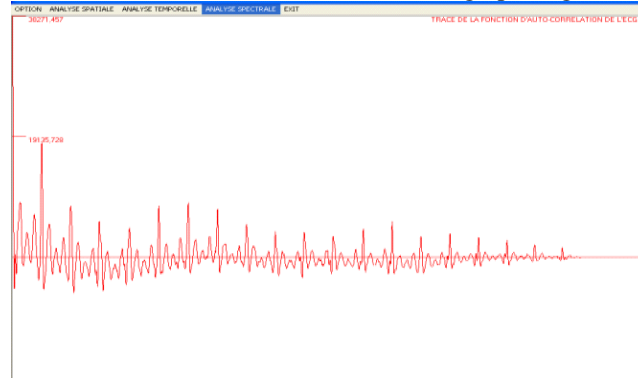


Fig.12 Plot of the autocorrelation function of an ECG signal

The figure 13 shows the autocorrelation function of the PPG signal

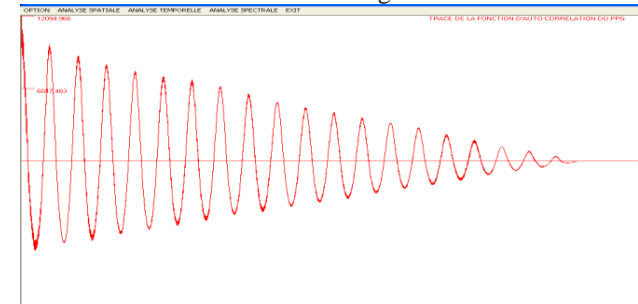


Fig.13 Plot of the autocorrelation function of a PPG signal

#### VII.1.2. Drawing of the Cross-Correlation Function of The PPG - ECG Signals

The algorithm of the discrete cross-correlation function of the PPG ( $f(k)$ ) and ECG ( $g(k)$ ) has been implemented in accordance with the following relation definition [21], [22]:

$$C_{f,g}(\tau) = \frac{1}{N} \sum_{k=\tau}^N f(k) \cdot g(k-\tau), \text{ avec } : N = 2^q \dots (2)$$

et  $\tau = 0, \dots, N$

We have shown on Figure 14, the plot of the cross-correlation (PPG-ECG) function.

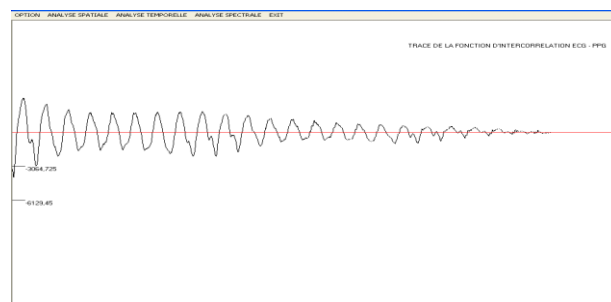


Fig.14 Plot of the cross-correlation function of ECG signals PPG

**VII.1.3. Calculation and Drawing of the Average Power Density by Fourier Transform of the Autocorrelation Function**

The average power spectral density can be calculated by the following equation of definition:

$$TF(C_{f,f}(\tau)) = TF\left(\frac{1}{N} \sum_{k=\tau}^N f(k) \cdot f(k - \tau)\right) \dots (3)$$

We have shown in figure.15, the plot of this function for the electrocardiogram.

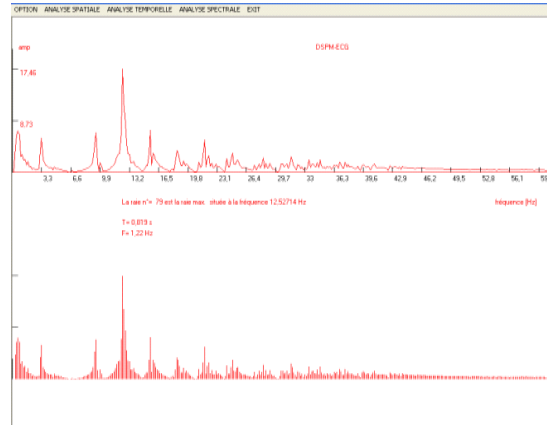


Fig.15 Power Spectral Density of ECG

The plot of the spectral density of the average power of the plethysmographic is given by figure 16.

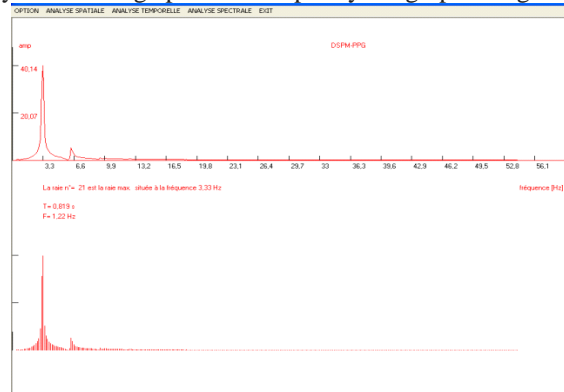


Fig.16 Power spectral density of the PPG

**VII.1.1.4. Calculation and Drawing of the Inter Spectral Density of Average Power by Fourier Transform of the Cross-Correlation Function**

The inter spectral density of average power can be calculated by applying a Fourier transform to the cross-correlation function of the signals respectively ECG-PPG, the following equation of definition is:

$$TF(C_{f,g}(\tau)) = TF\left(\frac{1}{N} \sum_{k=\tau}^N f(k) \cdot g(k - \tau)\right) \dots (4)$$

which are represented in Figure 17.



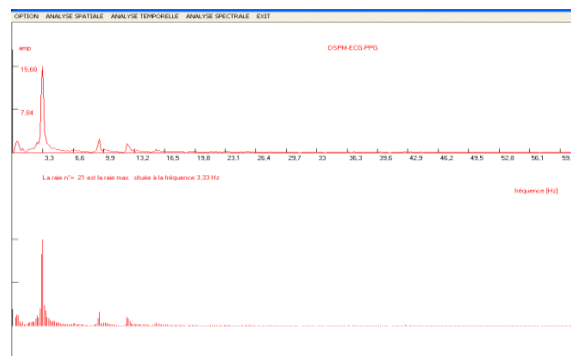


Fig.17 interspectral density of average power ECG-PPG

## VIII. Conclusion and Perspectives

This article is an opportunity for us to present the work that revolves around the design dedicated to a telemonitoring of renal function technical platform and / or cardiac function through an original method leveraging Photoplethysmography in infrared absorption for assessing the concentration of the pulse indicative of a potential adverse oxyhemoglobin  $\text{HbO}_2$  hypoxemia in renovascular heart failure, coupled to a functional exploration by cardiac electrocardiogram for assessing the severity of heart failure.

The development of a process for tele monitoring of the cardio-renal function by the photoplethysmographic method coupled with the electrocardiographic is appeared to us the most interesting compared to the classical biochemical assay method because of its mobility, non-invasive, reliability and easiness of its use by the patient himself for any else actor of telemedicine. Local control parameters set a hardware device and software based on a microcontroller and the RS232 protocol. The distant control uses the TCP/IP protocol involving the Winsock component in Visual Basic programming environment.

Dynamic archiving results for epidemiological purposes, as well as the implementation of a database of measurements of oxygen saturation in the blood and recording of ECG signals are part of our prospects.

A clinical validation of the method by specialists in nephrology and cardiology should be implemented on a significant renal impairment and / or cardiac corpus. This is also part of our perspectives; we will also compare the results of this validation with classical biochemical method. Among our prospects also included the implementation of a photoplethysmography in red and infrared simultaneously realizing at the same time the proportions of oxyhemoglobin and reduced hemoglobin that allow the calculation of the saturation pulse of oxygen in the blood ( $\text{SpO}_2$ ) objective evidence of a malfunction at the alveolar-capillary gas exchanger responsible for hypoxemia and its impact on renal failure.

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